Welcome to The Village Medical Centre's latest newsletter! We're delighted to connect with you and share updates from our practice and valuable health information to support your well-being. This months edition contains information about

27 Grove Road Wallasey **CH45 3HE**

0151 691 1112

Web: https:// thevillagemedicalcentre.org.uk//



TheVillageMedicalCentre

Flu Vaccination Season 2025–2026: Protect Yourself and Your Community

As we head into the colder months, flu season is upon us once again. At The Village Medical Centre, we're committed to helping our patients stay healthy and protected. Getting your flu jab is one of the simplest and most effective ways to safeguard yourself and those around you.

Why the Flu Vaccine Matters

Each year, flu can cause serious illness, especially in vulnerable groups. Vaccination

- Reduce flu-related hospitalisations and deaths
- Protect those at highest risk
- Prevent transmission in the community
- Support the NHS during winter pressures

Who Is Eligible for a Free NHS Flu Vaccine?

From 1 September 2025:

- Pregnant women
- Children aged 2 or 3 on 31 August 2025
- Children aged 6 months to under 18 in clinical risk groups
- All primary and secondary school children (Reception to Year 11)*

*Vaccination for school-aged children is primarily delivered via the School Immunisation Service.

From 1 October 2025:

- Adults aged 65 and over
- Adults aged 18-64 in clinical risk groups
- Residents of long-stay care homes
- Carers and main care providers
- Close contacts of immunocompromised individuals
- Frontline health and social care workers

Clinic Dates and Booking

We will be running dedicated flu clinics on the following Saturdays:

4th, 11th and 18th October

Weekday appointments will also be available throughout the season. Eligible patients will receive an SMS invitation with a booking link. If you're unable to book online, our team will contact you directly. Alternatively, please call the surgery to arrange.

Housebound and Care Home Patients: vaccinations will be delivered by our PCN team.

www.nhs.uk/vaccinations/flu-vaccine/

Why urgent requests need triage

Patients use a variety of ways to contact us when requesting an <u>urgent</u> appointment.

All such requests need to be treated fairly and prioritised based on need. To do this we aim to triage each request with a consistent approach. We want to be sure patients are seen by the right healthcare professional in the best timescale for their need.

Going forward, all urgent requests will go through triage - this applies whether you phone us; visit the surgery in person; or use our online consultation platform - PATCHs.

If you call, our reception team will ask you a few questions so your request can be assessed (triage).

If you attend the surgery in person to request an urgent appointment, you will be asked to either call the team for your request to be triaged, or alternatively to complete an online PATCHs form or complete a paper form we have at the reception counter.

We aim to respond to all urgent requests same day.

Wellbeing walking groups

Moreton

Every Wednesday at 10am.

Meet up location: War memorial cross, outside Moreton Methodist Church.

Address: Pasture Rd, Moreton, Wirral CH46 7TQ

Liscard

Every Tuesday at 10am.

Meet up location: The car park in Central Park.

Address: Walled Garden, Liscard Rd, Wallasey CH44 OBS

No booking required, just come along!
The walks last about 45 minutes.
All abilities welcome. We look forward
to seeing you!

Changes to online consultation system:

Over the next few months we'll be moving from Patchs to a new online consultation system called Blinx PacoGP. This platform is designed to make it easier and more integrated to manage your healthcare needs. You won't need to create or remember new account details – you wil simply log in with your NHS number and date of birth.

As part of this change, we'll also start using PacoGP for practice communications. That means you may receive emails from no-reply@blinxhealth.com. Please be assured this is genuine practice communication and not spam. Text messages will continue to appear as TVMC.

Helping Us To Help You Efficiently

Home Visit Requests: Please make any requests for home visits before 10:00am. This allows our clinical team to plan and prioritise visits effectively.

Prescription Queries: For any questions about your prescriptions, we ask that you contact us after 10:00am.

Test Results: If you're calling about test results, please do so after 2:00pm. By this time, most results have been reviewed by a clinician, allowing us to give you accurate information.

Need Privacy? Just Ask: If you'd prefer to speak to a receptionist in private, please let us know. We'll be happy to take you to a quiet area where you can talk confidentially.

Thank You for Your Cooperation

These seemingly small approaches make a big difference in helping us run smoothly and ensuring every patient gets the care and attention they need.



<u>9th September—</u> <u>Emergency Services Day</u> (999 Day)

999 Day is a nationwide event across the UK that celebrates the vital work of our emergency services.

It promotes responsible use of these services, raises awareness of the wide range of career and volunteering opportunities available, and educates the public on essential lifesaving skills. This day is also a chance to show appreciation and support for the courageous individuals working in the NHS and emergency services who dedicate their lives to keeping us safe.

Sponsored Skydive

We want to wish our admin team members,
Georgie & Savannah, the best of luck with their
skydive this month, we are very proud of all they
have raised so far. If you would like to donate
their justgiving page will remain open for the reminder of the month (details can be found on the
next page).

Georgie & Savannah also wanted to pass on their gratitude to all the patients who have donated and wished them good luck.

Sign up for our newsletter to receive a copy straight to your





GEORGIE AND SAVANNAH'S SKYDIVE FOR CLAIRE HOUSE

WE HAVE NOW RAISED £1,250 WHICH IS INCREDIBLE, WE CANNOT THANK YOU ALL ENOUGH. PLEASE KEEP SHARING OUR PAGE TO HELP US RAISE AS MUCH MONEY AS POSSIBLE FOR CLAIRE HOUSE.

EVERY PENNY MAKES A DIFFERENCE!

Claire House

Scan the QR code or use the link below to donate to our just giving page:

www.justgiving.com/page/savgskydive